**Resilience / Vulnerability Matrix**

*(Calder, M 2006)*

**Interventions**

* Strengthen protective factors and resilience
* Reduce problems and address vulnerability
* Achieve initial small improvements

**Variables**

* Timing and age
* Multiple adversities
* Cumulative protectors
* Pathways
* Turning points
* A sense of belonging

**Resilience**

* Good attachment
* Good self-esteem
* Sociability
* High IQ
* Flexible temperament
* Problem-solving skills
* Positive parenting
* Attractive

**Resilient child**

**Protective environment**

**Resilient child**

**High adversity**

**Adversity**

* Life events / crisis serious
* Illness loss / bereavement /
* Separation / family breakdown
* Domestic violence
* Asylum seeking status
* Serious parental difficulties e.g. drug abuse / alcohol misuse
* Parental mental illness

**Protective environment**

* Good school experience
* One supportive adult special help with behavioural problems
* Community networks
* Leisure activities
* Talents and interests

**Vulnerable child**

**Protective environment**

**Vulnerability Resilience**

* Poor attachment
* Minority status
* Young age
* Disability
* History of abuse innate characteristic in child / family which threaten / challenge development
* A loner / isolation
* Institutional care
* Early childhood trauma communication differences
* Inconsistent / neglectful care

**Vulnerable child**

**High adversity**