**Capacity to change**

Is there acknowledgment of the concerns?

Is there an acceptance of responsibility for the concerns?

Is there an understanding of the impact on the child?

Is there recognition of the need to change?

Is there commitment to change?

Are there available services or support to enable changes to be made?

Can changes be made within the child’s timescales?

**The model of change**

*Di Clemente & Prochaska (1982) in Horwarth (2001) The Child’s World – Jessica Kingsley Publishers – ISBN 978 1 84310 568 8*