

# Cafcass Board Meeting October 2025



# **HELLO**

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 Improving children and young people's participation in proceedings. 2

 Helping professionals understand how domestic absue affects children and making sure all types of abuse and harmful parenting are thought about. 3

 Making sure children know their rights and keeping a focus on them growing up safe and happy. 4

 Keeping the focus on reducing delays across family courts because children need certainty and safe final decisions.

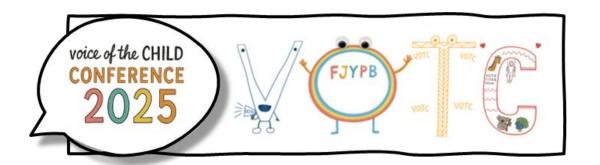
## STRATEGIC PRIORITIES 2025—2028







## **ATTENDEES**

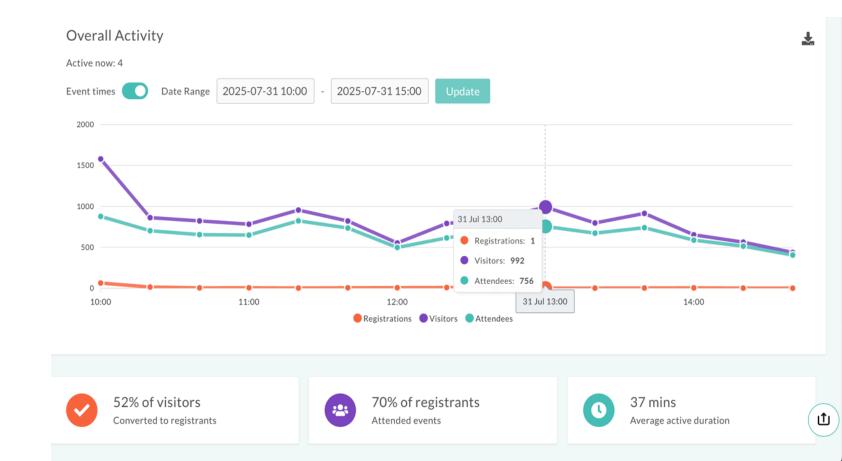


At our peak we had over **992 visitors** to the live stream page.

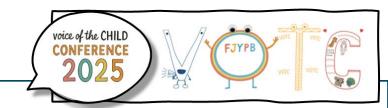
Our 2024 conference had a peak of 499

Percentage increase of approximately 98.80% compared to 2024.

Over 1500 registrants



## **Highlights and Analysis**



#### **FJYPB Session-Specific Insights**

#### 'In My Shoes'

- Deeply impactful—many said it changed how they view their role.
- Encouraged professionals to see children as individuals, not cases.
- Sparked commitments to listen more deeply and capture lived experience in reports.

#### **Nuffield Webinar**

- Highlighted the emotional toll of deprivation of liberty (DoL).
- Urged professionals to **consider long-term impacts**, not just immediate safety.
- Sparked interest in **policy reform** and **better** support post-proceedings.

#### **Hearing from Jahnine Davis**

- Raised awareness of silent racism, adultification, and cultural blindness.
- Inspired professionals to challenge bias and ask braver questions.
- Many committed to anti-racist practice and better representation.

#### **Panel Discussion**

- Reinforced the need for joined-up working and systemic change.
- Validated the **pressures professionals face**, while urging continued improvement.
- Emphasised the importance of transparency, accountability, and child-centred leadership.

#### IMPACT: Cafcass EDI (2025/26) PRIORITY

Better understand the impact of heritage and culture on our assessments of harm and risk to children from Black, Asian and Minority Ethnic backgrounds & Understand anti-racist practice in family justice

#### Talking to Children and Families About Ethnicity, Culture, and Heritage

- Many attendees reflected on the importance of not making assumptions and being curious and respectful when exploring
  a child's cultural identity.
- Practitioners committed to asking children directly about their culture, religion, and heritage rather than relying solely on parental accounts.
- Example: "I will ask more questions if I am unsure really get to know a child's uniqueness." LA, Cafcass

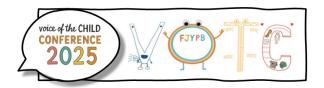
#### **Anti-Racist Practice and Understanding Impact of Heritage**

- The presentation by Jahnine Davis on "It's Silent" had a strong impact, prompting attendees to reflect on adultification, invisibility, and systemic bias.
- Practitioners committed to being more vocal, challenging racism, and seeking further training.
- Example: "I will be more aware of how silent racism affects children and families. I will search for training on anti-discriminatory practice." MP, Cafcass

#### **Embedding Cultural Competency in Practice**

- Attendees expressed a renewed commitment to embedding cultural awareness in assessments and court reports.
- Several mentioned plans to share learning with teams, incorporate it into team meetings, supervision, and audits, and challenge unconscious bias.
- Example: "I will challenge staff about how they are helping the child to feel safe and interrogating their uniqueness and diversity." – E AC, Cafcass

## Impact - the 'so what'?



#### What Was Learned from the FJYPB presentations

- Participants consistently highlighted:
- •The importance of listening to children and young people.
- •The need to understand lived experiences, especially around trauma, identity, and culture.
- The value of **clear**, **honest communication** and **emotional safety**.
- Recognition that children's voices must be central to decision-making—not just heard, but acted upon.
- To restructure reports to prioritise child impact analysis upfront
- Top keywords:
- children, understanding, how, safety, voice, empathy, trauma, identity

#### What Was Reflected On

- Acknowledgement of past shortcomings in listening to children.
- Realisation that **professional assumptions** can silence or distort children's voices.
- Emotional responses to hearing first-hand experiences of harm and exclusion.
- A renewed sense of **responsibility and purpose**.
- Top keywords:
- reflect, assumptions, empathy, honesty, impact, responsibility

#### How It Will Be Applied

- Attendees committed to:
- Changing practice to be more child-led and inclusive.
- Using storyboards, goodbye letters, and creative tools to communicate better.
- Embedding learning into team meetings, supervision, and training.
- Challenging unconscious bias and improving cultural competence.
- •Top keywords:
- apply, share, team, supervision, communication, curiosity, feedback, training

#### **What Might Change**

- Participants plan to:
- Slow down and give children more time and space.
- Avoid defaulting to school visits—instead, ask children where they feel safe.
- Be more curious about culture, race, and identity.
- Improve endings—ensuring children understand what happened and why.
- Top keywords:
- change, curiosity, culture, communication, endings, empowerment

## FJYPB Members Feedback



Members gave an overall rating of the conference 4.5 out of 5

My advice would be to really involve yourself in the prep days as it's the best time to get your say and your opinions heard

Get involved and make yourself heard

Stay calm and remember we're all in it together

Don't be afraid to take part, it's an amazing experience that you will never forget

All the adults and members will look after you really well- you will have fun and be doing something important, you will learn lots and have new and positive experiences, make sure you eat well and sleep well before the day!

### FJYPB NEXT STEPS: Leading, learning and reviewing

Following the VOTC we will continue to promote the FJYPB 2025 Challenge, Takeaways and Guide: For keeping children and young people at the centre of their proceedings at key stakeholder events such as with Cafcass, Cafcass Cymru, Local Family Justice Board's. These events provide the ideal opportunities for us to remind our stakeholders of these resources and challenge them on what actions they have taken to implement into practice.

#### **Key Stakeholder Events include:**

Cafcass

- Leadership live
- Ambitious for Children week follow up
- OMT / CMT

Cafcass Cymru

- Annual Staff Conference
- Internal communications

**Local Family Justice Boards** 

- Each LFJB annual event
- National Family Justice Board meetings

We had 165 downloads of our Top Tips: Guide for keeping children and young at the centre of their proceedings.



# **FJYPB Training Day**













# AMBITIOUS FOR CHILDREN WEEK 2025

Seeing and Engaging Children

